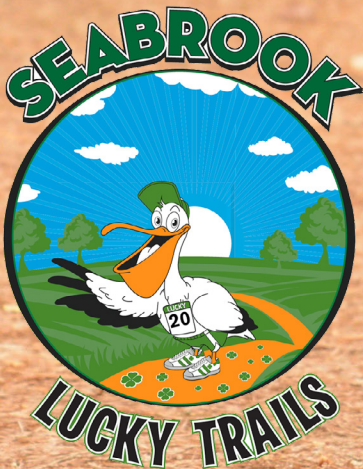




**Seabrook
Lucky Trails
REX MEADOR PARK
SEABROOK, TX
MARCH 15-17, 2024**



2024 Runner's Guide



SHOE DRIVE

**Running Alliance Sports
will be collecting
gently worn shoes
at
Seabrook Lucky Trails
for
CHRISTUS Our Daily Bread**

**To learn about CHRISTUS, visit:
<https://christusfoundation.org/>**

If you have old running shoes that you are ready to donate, now is the time! Please bring gently-used, clean running shoes to the race this weekend. We are looking for mostly men's shoes, but will absolutely take women shoes as well. Your shoes will be going to CHRISTUS Our Daily Bread in Galveston. Your donation is vitally important and greatly appreciated.

A SHOE DONATION BOX WILL BE AVAILABLE AT THE BAG DROP OFF.



Packet Pick-Up

Packet Pick-Up Schedule

Tuesday, March 12

11 AM – 2 PM sharp

Speedy's Fast Track
11440 Hempstead Rd.
Houston, TX 77092
713-957-8803

Wednesday, March 13

2 PM – 6 PM sharp

On the Run Clear Lake
2427 Bay Area Blvd.
Houston, TX 77058
281-470-5388

Thursday, March 14

11 AM – 6 PM sharp

On the Run Clear Lake
2427 Bay Area Blvd.
Houston, TX 77058
281-470-5388

New Balance is offering a 25% discount on all New Balance shoes and apparel purchased at the time of packet pickup at On the Run.

RACE DAY PACKET PICK-UP Rex Meador Park (race site)

If you are picking up your bib for THAT DAY,
please arrive early!

Friday, March 15

3 – 7 PM

Saturday, March 16

5:30 – 7 AM

Sunday, March 17

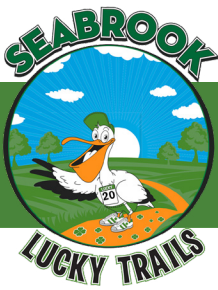
5:30 – 7 AM

PLEASE NOTE: The time before the race is hectic, and we have only so many volunteers to help. If you wait until race day to pick up your packet, contents are not guaranteed. Arrive early enough before the race to check your bag and to attach your bib. Picking up your packet during scheduled packet pick-up times in advance is ALWAYS preferable, both for you and for everyone on race morning.



new balance

Independent since 1906, we empower people through sport and craftsmanship to create positive change in communities around the world



Parking Information

Arrival Time and Parking:

Please allow yourself ample time to find a parking space and get to the race start area. Roads on the race course will be CLOSED by 6:45 a.m. for Saturday and Sunday races. Follow the signs and direction from parking assistants. Parking is available at the following locations: **Seabrook Intermediate School, Seabrook Sports Complex.**

Parking is limited. Car pool if you can, bring your patience, and pay attention to the parking volunteers and go where they tell you.

Please be aware of possible construction/road closures/delays for State Highway 146.

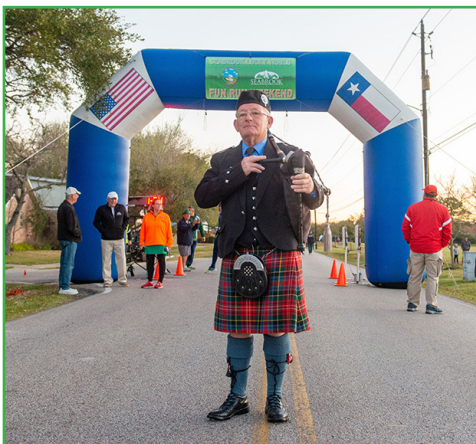
Race Parking Locations

Seabrook Intermediate School

2401 N Meyer Rd
Seabrook, TX 77586

Bay Elementary School

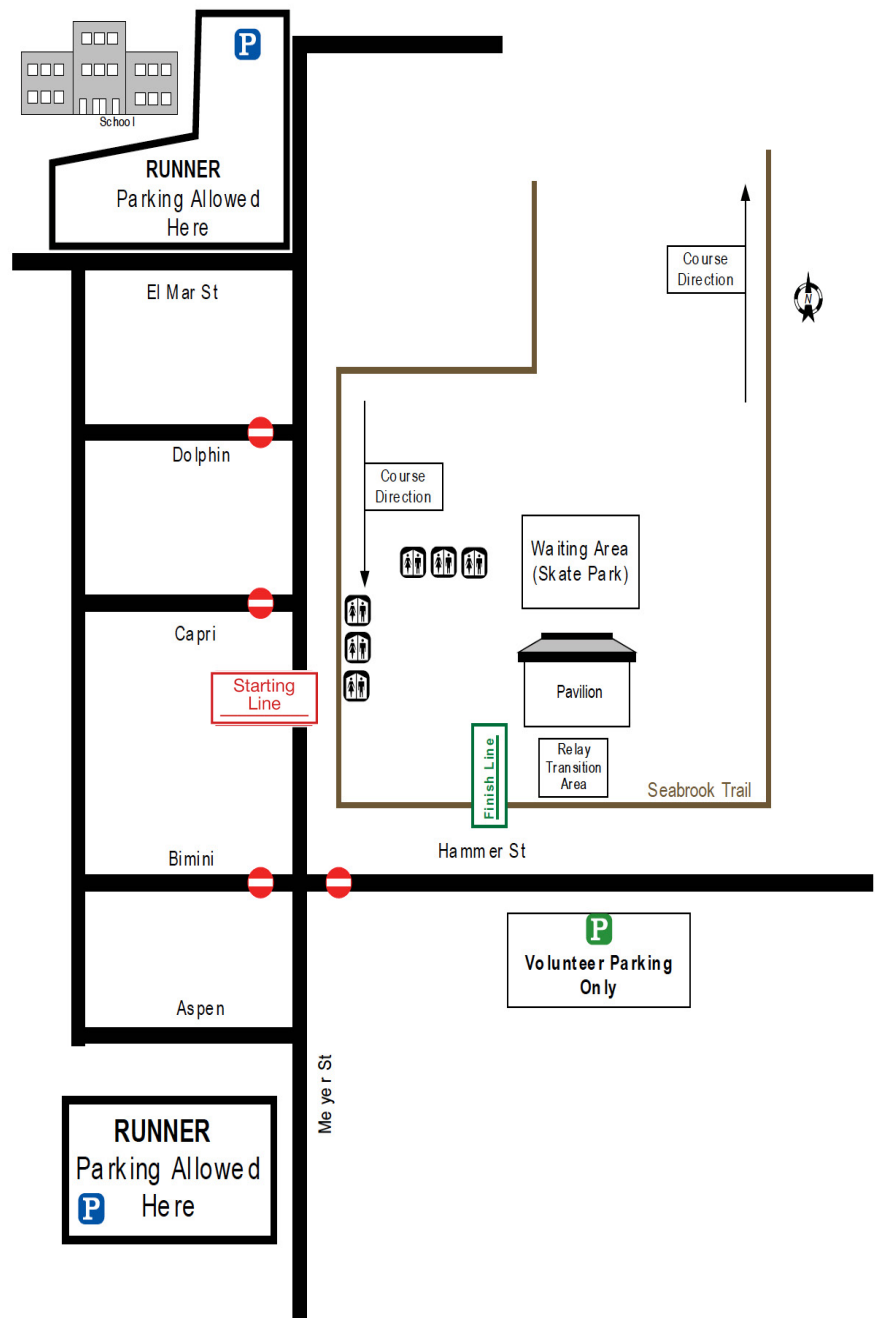
1502 Bayport Blvd,
Seabrook, TX 77586



Race Location and Post Race Party

Rex Meador Park

2100 Meyer Rd
Seabrook TX 77586





SCHEDULE OF EVENTS

MARCH 15-17, 2024

Friday, March 15

5:15 PM Kids 1K

5:30 PM 5K Run (Seabrook Trails)
Time limit: 1 hour, 15 minutes

(Sunset is around 7:30 PM.
Bring lights if necessary.)

Saturday, March 16

6:00 AM Early Marathon Walkers ONLY

7:15 AM Marathon

7:30 AM Half Marathon

7:15 AM 4 Person Marathon Relay

2:15 PM Course closes

Sunday, March 17

7:15 AM Half Marathon

7:30 AM 1/4 Marathon

7:30* AM 5K Run**
**Starts immediately after the
1/4 Marathon. 90 minute time limit.*

11:30 AM Course closes

CHALLENGES: Pelican Challenge (1/2 Saturday, 1/2 Sunday) • Trail Challenge (Marathon Saturday, 1/2 Sunday)

25% DISCOUNT: New Balance is offering a 25% discount on all New Balance shoes and apparel during packet pickup times at On The Run in Clear Lake.



CLEAR LAKE
2427 Bay Area Blvd
Houston, TX 77058
281.480.5388

BEAUMONT
227 Dowlen Rd, Ste 6B
Beaumont, TX 77706
409.861.1595

<https://ontherunTX.com>

Texas' Premier Running Specialty Stores



We are Houston, TX based shoe sellers, runners & triathletes that are all about a great fit, great quality and great customer service. Founded in 2003, we specialize in gait analysis and have a combined 30+ years experience fitting runners and walkers of all skill levels and injury types. We also work closely with a number of local Clear Lake/ League City/ Houston area running and multisport clubs. Come by and see us!



Timing Chip

Your timing chip is already attached to the back of your race bib. Please use the pins provided in your packet to secure your bib to the **FRONT** of your shirt.

Do not bend or fold your bib.

The timing chip is disposable and does not need to be removed or returned to us after the race.

NO BIB, NO TIME!

Do not forget to bring your race bib. You will need to wear it to receive an official finish time when you cross the finish line. If you lose or forget your bib on race day there is a \$10 replacement fee.

↓
Timing chip is already
attached to back of
race bib.



Bib, Transfers, and Timing

- Running with a bib not registered in your name will result in a two year suspension.
- All participants must wear their bib on the front in a way that it can be seen by course officials. Non-registered runners and/or bandit runners will be removed from the course. No one will be allowed to finish the race without a bib.
- Do not fold your bib, it will affect results and timing.
- Transfers are available for \$10 at packet pickup and race day.

Switching Races For Individual (Challenge, Marathon and Half Marathon Only) :

- An Individual can switch races and days with no fees up to the bib name deadline unless the race is full. After the bib name deadline, there is a \$10 charge to switch races and loss of personalized bib.
- You must Contact us to switch.



EVERY SEASON STARTS AT



March 15-17, 2024

Seabrookmarathon.org



2024

Calendar of Events

BY RUNNERS
FOR RUNNERS

*Mark your
calendar
for these
upcoming
events!*





Course

The 26.2-mile course starts at Meador Park (see race map). The course closes at a graduated pace, approximately 16 minutes per mile for 7 hr finish. The first mile, approximately, will be on city streets. Streets will be closed to vehicle traffic for approximately 30 minutes. The remainder of the course is run on the Seabrook Trails, which will also be open to the public. There will be police stationed at the major street crossings (street crossings are E. Meyer, Red Bluff, and Todville Road entering Pine Gully Park). See course map for more details. Please use caution when crossing all streets and be courteous to the residents of the neighborhood. Course map available at seabrookmarathon.org/course-maps.

Marathon: Four loops on the Seabrook Trails starting at Meador Park, proceeding north to Pine Gully Park and returning to Meador Park.

Half Marathon: consists of two loops of the course.

1/4 Marathon: consists of one loop of the course.

5K: Friday 5K course will be on the Seabrook Trails.

Course Closure

Saturday the course will be open for 7 hours based on 7:15 AM start. Early starts are not allowed (unless you registered for the Saturday Marathon 6 AM early walkers start). Runners and walkers who have not finished by 2:15 PM. will be responsible for their own safety.

Sunday the Half Marathon course will be open for 4 hours. NO EARLY STARTS are allowed on Sunday.

Only official/authorized vehicles are allowed on the course. No bicycles, baby joggers, pets, in-line skates.

Please be aware of possible construction/road closures/delays for State Highway 146, and keep up with current status on this website: <https://www.sh146.com/>

Photography

Official race photographer, RaceShots.net, will be on the course and at the finish. Smiling faces will likely end up on our Facebook page or on our marketing materials.

Aid Stations

Aid stations will be located at approximately every 1.5 miles. Medical aid station will be located at the start/finish area. Gatorade and water will be provided at each aid station.

Trail Etiquette

- The trails are narrow so please use caution and be courteous to other participants!
- Throw away cups and trash only near a water stop, or in trash bins provided, and never on the trails
- PLEASE remember this is a trail run, expect your times to be slower than a road race. Please line up at the start according to your pace.
- Stay to the right on the trails.
- Be mindful of on-coming runners and runners behind you.
- PLEASE do not run more than 2 abreast. If you see others approaching you, then move to single file.
- If someone comes up behind your group, move to single file as they pass.
- Additionally, let people know that you want to pass them. If you are using headphones, keep the volume down low enough so that you can hear the runner wanting to pass.
- If the course is wet, and muddy in areas, DO NOT attempt to run on Todville road! This is a narrow city street and very dangerous to foot traffic. YOUR safety matters most!

Race Time Limit

The time limit for completing the Sunday half-marathon is four hours. For Saturday, the course will be open until 2:15 pm for all Saturday races. Runners and walkers who have not finished by the time of course closure will be responsible for their own safety.

Early starts are not allowed (unless you registered for the Saturday Marathon early walkers start). Only official and local vehicles are allowed on the course.

No bicycles, baby joggers, pets, in-line skates, unauthorized and other non-official wheeled vehicles are prohibited on the course.

Bag Drop

Bag drop area under the pavilion next to the race start/finish. It will be attended.



FRIDAY RACES

5K Fun Run



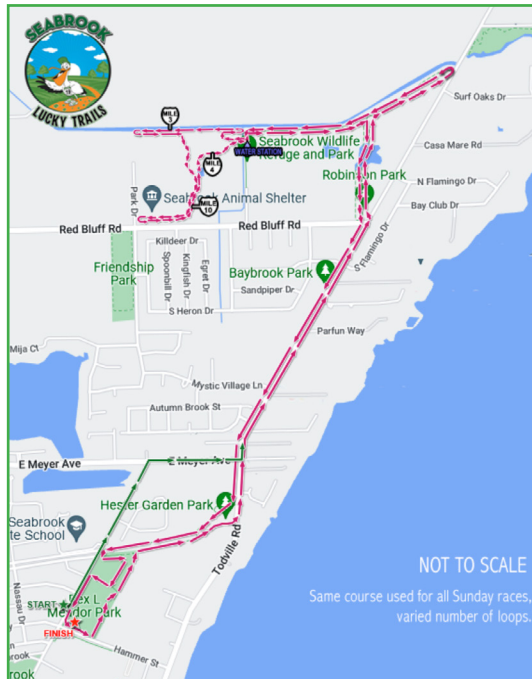
Kids 1K Fun Run





SUNDAY RACES

1/2 Marathon and 1/4 Marathon



5K Run



SPEEDY'S FAST TRACK

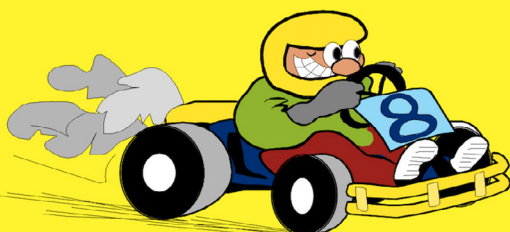
Family Entertainment Center

Arcade, Go-Karts, Miniature Golf & Laser Tag



11440 Hempstead Road • Houston, TX. 77092-7104 • 713-957-8803 • www.houstonfasttrack.com

**OPEN FOR PARTIES
365 DAYS A YEAR
INCLUDING ALL HOLIDAYS**



Business Hours

**Sunday - Thursday
12:00pm - 10:00pm**

**Friday & Saturday
12:00pm - 12:00am**

Hours subject to change without notice



CLICK ON QR CODE TO FOLLOW RACE RESULTS

Friday, March 15
5K Run



Saturday, March 16
Marathon



Saturday, March 16
Half Marathon



Saturday, March 16
4-Person Marathon Relay



Sunday, March 17
Half Marathon



Sunday, March 17
1/4 Marathon



Sunday, March 17
5K Run





POST RACE PARTY

POST RACE PARTY

After you cross the Finish Line
join us for the post race party.



There will be Food, Sodas, Water and,
of course, Green Beer!

Awards, Give-a-ways & FUN!!!

LUCK OF THE IRISH COSTUME CONTEST

We encourage all runners to wear green during the Seabrook Lucky Trails! For those who like to show off their creativity we have a Luck of the Irish Costume Contest on Saturday.

CONTEST RULES:

The contest will start after the awards ceremony.

All contest participants must be registered for one of the Saturday races. This includes wearing your bib during the race and contest.

Costumes must be worn while running the entire race. Part of the fun of wearing a costume is by making others smile on the race course. Plus you'll have the best race pictures ever.

Judging will be based upon:

Originality – unique, different, shock value etc
Accessorizing – add some flair to your costume

Audience Applause:

We will call to the stage Mens, Womens, and conclude with the Group contest.

Groups:

Groups will consist of 2-12 runners and may not include someone participating in the mens or womens category (you can not participate in more than one).

Groups will stand on stage together, if all the groups do not fit on stage we will have the groups exit the stage after the audience applause. Judges will keep track of the groups by number.

Judges will take the audience applause into consideration but judges have final decision on the winners.





DICK'S

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\$20 OFF \$100
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*Limit one per customer. Excludes: experiences, taxes, prior purchases, gift cards, extended warranties, licenses, store credit, services or excluded items detailed in-store or at DICKS.com/Exclusions. Cannot be combined with any other offers. No reproductions or rain checks accepted. Offer not accepted at other locations, DICK's Warehouse Sale or Going, Gone! locations.

Offer only valid at DICK'S House of Sport **Baybrook**



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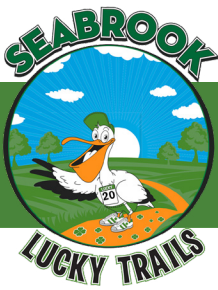
DICK'S HOUSE OF SPORT

18650 GULF FWY,
FRIENDSWOOD, TX 77546

(832) 415-1934

Scan QR Code For Our
Local Experiences





Frequently Asked Questions

What is the minimum age requirement and do you need a parents or guardian's consent to participate? The minimum age for the half marathon or marathon is 8 years, for the 5K or quarter marathon it's 6 years, and we do need the signature of a consenting parent or guardian.

Are the events chip timed? Yes. (except Kids K) Timing tags will be attached to your bib – no bib, no time. If you lose or forget your bib on race day there is a \$10 replacement fee. No bib, no time. Do not bend or fold your bib.

What if I forget my bib at home? If you lose or forget your bib on race day there is a \$10 replacement fee. DO NOT run without your bib (timing tag attached) – your official time will not be recorded. Non-registered runners and/or bandit runners will be removed from the course. No one will be allowed to finish the race without a bib #. Bibs must be worn on front.

Are jogging strollers allowed? Due to the nature of the course, and the congestion, we will not be able to allow any strollers on the course.

Is your race a Boston qualifier? Yes it is, however, our course is slow, due to it being on narrow trails, and congestion.

Is there any minimum time if I start early? Marathoners utilizing the early start will have a minimum official finishing time of 6 hours.

What if I change my mind after I've started the race – if I don't think I can do the full marathon, can I do the half instead? Should you decide to drop from marathon to half, after the race starts, you will receive an official time, however, you will not be eligible for any awards. You will receive the medal you registered for.

I registered and can't run, can I get a refund? Our policy is no refunds. Remember this is going to charity, we hope you can use it as a donation to a good cause.

If you want to give your slot to someone else you must contact us with their full runner information. \$10 fee while online registration is open, \$10 at packet bib pick-up, and on race day; after bib deadline no personalized bib and no change of shirt size.

Is there a host hotel? Yes, there are two: SpringHill Suites, 2120 NASA Rd 1 and the Quality Inn & Suites, 2720 NASA Parkway.

We are refunding \$10/per night for any Seabrook hotel stays during the race. The hotel must be located in Seabrook. Send us your hotel invoice within two weeks or by April 15th; allow two weeks for processing.

Where else can I stay in Seabrook? Additional lodging in Seabrook can be found by visiting the Seabrook TX Official Website: <http://seabrooktx.gov/552/Sleep>

How long is each "loop" of the Seabrook Trails? 1/4 marathon.

What will the weather be like on race day? The weather can vary that time of year. The first year of the race it was a little warm the day of the race and a week later we had very cold weather again. Keep posted to your favorite weather source for the latest information.

Are there any special challenges or deals? Challenges – run the following combination of two races:

Pelican Challenge: Half Saturday + Half Sunday

Trail Challenge: Saturday Marathon, Sunday Half

Complete either challenge and get a one of a kind third medal as well as a great break on the registration price.

Note: Challenge participants will only receive ONE of each swag items.

How many aid stations will you have? We will have aid stations approximately 1.5 to 2 miles apart.

What kind of sports drink will you have? Aid stations will have Lemon Lime Flavored Gatorade.

Where are the restrooms on the course? Port-A-Potties will be available at start area and near each of the water stations.

What if I don't finish in the required time? We will not leave anyone behind.

I might not be able to finish within the time limit. **Can I start early?**

An early marathon start is available on Saturday. It is available for participants entered in the marathon only. No Half Marathon. You must register for it either when you signed up or during packet pick up. No early start participant will have an official finishing time of less than 6 hours.

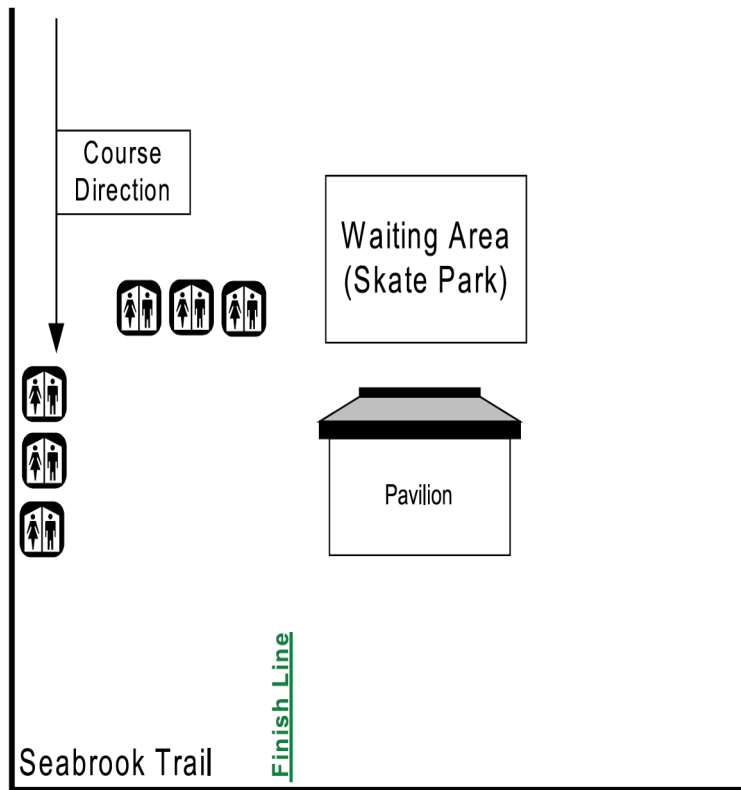
I'm running, can my spouse/family volunteer? Yes, we can use all the help we can get. Spouses and family members can sign up for the volunteer schedule here: <http://www.seabrookmarathon.org/volunteer/>

Can I get a refund? No, remember this is going to charity, we hope you can use it as a donation to a good cause.

Can I wear my headphones? The RRCA (our insurance provider) has a written guideline against the use of personal music devices in running events, as such we strongly discourage the use of headphones in our races.

Can I participate with my wheelchair? We're sorry, at this time the race is not insured for wheelchair racing.

Pelican/Trail Challenge: Can I start with the early marathon starters at 6:00 AM? Trail challenge will be allowed early start, Pelican challenge will start when the half marathon starts.



Contingency Plans For Bad Weather

Rain – The event will NOT be canceled due to rain alone unless the downpour is such that athletes, police, and volunteers lose visibility making situations unsafe. If this occurs we will wait until the rain subsides and follow the same procedure listed for lightning conditions (minus the 30 minute rule). Athletes will be informed of such a change via announcements on race morning.

Lighting – In the event of lightning the race will be postponed by 30 minutes every time lightning is spotted and thunder is heard within 6 miles of the event. Please note that every time lightning strikes and thunder is heard within 6 miles of the race site we must delay the start by 30 minutes.

Tornado Warning – If at anytime before (race morning close to start time) or during the event, a tornado warning is issued, the race will be canceled.

On Course Cancellation – If the race is canceled due to storms (lightning and/or excessive rain) or tornado warnings while it is in progress we will do everything in our power to alert everyone on the course. All police, SAG, and medical personnel will be made aware and do all they can to warn and SAG in all participants. We will also do everything in our power to assist those that are still on course. Those that are on course without means of rescue should seek immediate shelter via open stores, buildings, garages, homes and/or any other means

of protection from the dangerous conditions. If it gets bad and we are not there to help you off the course please do everything you can to keep yourself safe and take shelter.

Because of agreements with various municipalities regarding a fixed amount of time to have roads closed or in use or the time of public safety or law enforcement officials, Running Alliance Sport, at any time, reserves the right to shorten the distance of any of its races to comply, especially in dealing with inclement weather conditions that may make any course unavailable or unsuitable for runner participation.

TEXAS 5K SERIES



NEW FOR
2024!



HIGH FIVE!
Run all 5 races
and receive a
commemorative
special award!

For more details, visit:
<https://texas5kseries.org>

2024 Calendar Texas 5K Series:

SEABROOK LUCKY TRAILS

5K or 1K Kids Run
March 15, 2024

YURI'S NIGHT HOUSTON

10K or 5K
March 30, 2024

TEXAS HEAT WAVE

5K or 5 Mile Run
July 4th, 2024

LUNAR LANDING

5K or 1K Kids Run
July 20, 2024

BENEEZY PURPLE MONKEY

10K, 5K or 1K Kids Run
August 31, 2024

2024

Texas Bridge Series



The Texas Bridge Series is a series of three races, over three iconic Texas bridges in the greater Houston area. Run all three Bridge races, and earn a commemorative special item!

TOUGHEST 10K KEMAH

Sunday, September 15, 2024

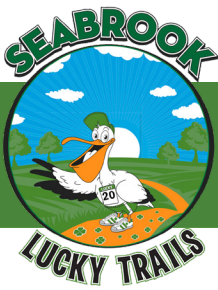
TOUGHEST 10K GALVESTON

Sunday, October 20, 2024

LA PORTE BY THE BAY HALF MARATHON

Sunday, November 17, 2024





LEGACY RUNNERS

Seabrook Marathon Lucky Trails Legacy Runners

20 Years

Carlos Reyes

17 Years

Paula Boone

16 Years

Steve Boone
Macey Contreras
Richard Carroll
Richard Jares
Jacob Tonge
Don Womble

15 Years

Edward Campos
Margot Campos
Lee Greb
Robert Lott
Michele Williams

14 Years

Karen Berglund
Bob Livitz
Donna Palmer
Mana Vautier
Karen Williams

13 Years

Ron Berglund
Theresa Bueno
David Johnson
David Kreiner
Sonny Mims
Brian Talley

12 Years

Melanie Holland
Jacqueline O'Brien-Nolen
Kimberly Pilcher
Fred Scott
Terry Sullivan

11 Years

Adam Billman
Kari Henry
Tom Des Lauriers
Yen Nguyen
Jim Surratt
Jennifer Trotter

10 Years

Susan Bell
Peter Bennett
Larry Davis
Cheryl Esposito
George Felan
Terry Grim
June Harris
Becky Howlett
Buddy Howlett
John Hyak
Lance Luehmann

Maggie Mount
Robert Mount
Bob Myers
Jitka Newalf
Keith Praytor
Joshua Rake
Sherri Richey
Patrick Scott
Bruce Smith
Lorinda Smith

9 Years

Elizabeth Ahrens
Garland Bauch
Kristina Chubanova
Dan Dean
Michelle Demoss
Jonathan Fogg
Abbie Higgins
Ken Johnson
Sherry Johnson
Stephen Kallus
Cathy Kimble
Dale Kohn
Joseph Leonguerrero
Paul Lindstrom

Rose Linseisen
Rachel Lowell
Steve Maliszewski
Ken Mereinda
Ed Murphey
Shannon Norstrud
Richard Oechslein
Michael Purvey
Kevin Raney
Heidi Riggs
Brendan Rodgers
Ed Skelton
Skip Teel
Diep Tran





Seabrook Marathon Lucky Trails Legacy Runners

8 Years

Jeanann Carter
Sean Cochran
John Ellis
Diane Garey
Kevin Garey
Lucia Gentry
Mary Hall
Wendy Hammerman
Vicky Jones
Wade Kao

Ginger Trimble Knox
Kevin Lang
Aaron Lutz
Pamela Mackay
Courtney Mcinnis
Nati Melancon
Anthony Mireles
William Moeller
Barry Moser
Tetyana Muirhead

Joanne Murphey
Tim Nolan
Andrew Olsen
Sara Pressel
Dan Priest
Dung Quach
Eric Raschke
Jim Reeve
Cris Richardson
Jessica Roeschel

Suzy Seeley
Mark Spruce
Tim Timpani
Pam Veteto
Debora Vida
Sue Wheeler
Rich Wickboldt
Pamela Willmon
Lynda Wolff

7 Years

Donna Allotta
Colin Als
Robert Alvers
Jose Amador
Donnadale Arthur
Daniel Barta
Laura Bellman
Ray Boytim
Justin Breitigam
Richard Broussard
Lisa Buckner
Dilma Camarillo
Christopher Campbell
Jo Ann Canich
Bijou Chacko

Keith Cotropia
Kimeya Courts-Chapman
Kanishka Desilva
Erik Dill
Emma Dromgoole
Russell English
Terrell Evans
Priscilla Fierro
Erin Garrett
Laura Greivenkamp
Lin Hale
Jason Helms
Nancy Holcomb
Steven Holehan
Sara Jacobson

Misty Johns
Carol Jordan
Genevieve Keeney
Kristen Kilpatrick
Kim Knapp
Karen Lancer
Tony Le Cara
Michael Lowe
Caro Madrid
Kirk Mahoney
Darren Martin
Rita Mckenzie
Douglas McMullen
Amy Monini
David Raines

Pete Rake
Victoria Ramos
Janet Raschke
Vickie Rickman
Maria Rivas
Chris Robbins
David Sanderson
Beverly Scott
Sonja Shipp
Alison Smith
Erwin Veteto
Victoria Webster
Elizabeth Wondergem
Angela Worrel

6 Years

Michael Bayer
Charity Bell
Enrico Bernal
Laura Blowey
Bruce Boyd
Scott Brian
Kevin Brosi
Laura Brunstetter
James Bujnoch
Teresa Burell
Stephen Butler
Valerie Christian
Gordon Christie
Chad Cook
Tracy Cormier
Elizabeth Culver
Garabet Dakarmandjian
Patrick Dwyer

Kelsey Eason
Erin Ellis
Eli Escobar
Robert Espinosa
Cristina Fernandez
Tricia Frederick
Otilia Gonzales
Laura Gustafson
David Hamer
Aiko Hanyu
Gloria Hinton
Grant Hodges
Tammy Hodges
Rebecca Humanic
Robert Kiber
John Kilburn
Laura Kohlmaier
Michael Luna

Brian Lusby
Robin Martin
Cecile Mcdonald
Diane Mckernan
Mario Melgar
Reyna Merritt
Monica Montoya
Paul Morken
Shirley Musfy
David Neumann
Darrell Nichols
Don Padilla
Harry Pang
Doan Pham
Jim Phelps
Jonathan Phillips
John Pontikas
Brian Remark;

Heather Remark
Megan Renfro
John Roberts
Anna Rodriguez
Guy Rozas
Leslie Schaschl
Bernice Shaver
Donna Sledge
Toni Smith
Mark Theobald
Nancy Timpani
Matthew Walker;
John Wallace
Allen Webb
Wesley White
Marc Wondergem
Rebecca Yzquierdo
Chris Zukowski



Seabrook Marathon Lucky Trails Legacy Runners

5 Years

Jim Abne
Busola Adeniran
Daisy Arrambide
Abbie Artley
Maria Avina
John Babin
Chuck Bach
Lynn Baker
Michael Barnes
Janet Barzilla
Kevin Billings
Gene Bowden
Lynn Brown
Josh Burton
John Byard
Giovannina Caminade
Samantha Cayton
Israel Cerda
Oscar Chapa
David Chapman
Mary Citro
Amber Clark
Lisa Coley
Sue Colvin
Lonnie Coone
Kathy Cooper
Brent Craige
Earl Crochet
Mary Cullather
Barry Davis
Ricky Deaver
Beverly Dement

Ben Demoss
Maya Demoss
Michael Dino
Lisa Dixon
Bobby Duke
Norma Duke
Cheryl Eason
Amy Efting
Susie Eisenberg-Argo
Richard Evans
Peter Eversley
Steve Fanos;
Yolanda Farias-Ruiz
Sue Ferguson
Patrick Fleming
John Flores
Greg Ford
Cas Frost
Penny Garcia
Richard Gleave
Henry Griffin
Terry Grim
Gay Gullede
John Hagelman
Sean Halloran
Melissa Hardy
Renata Holland
Helen Humphries
Henry Jackson
Kim Johnson
Mona Johnson
Sandra Johnson

Jana Johnston
Janet Jones
James Kee
Katherine Keilty
Vanessa Keller
Jeanne Kellogg
Evangalina Knight
Charlie Lair
Kevin Lancon
Michael Land;
David Leach
Kerry Lee
Mike Lowe
Joann Luco
James Maccallon
Arthur Madrid
Eunice Mahoney
Mark Mann
Catherine Martin
Matt Mcentee
Doug McMullen
John Moyer
Sifa Mvoi;
David Nemoto
Morgan Neufeld
Eric Nevarez
Thomas Okazaki
Trisha Perez
Daron Peschel
Jon Pohlkamp
Patricia Portilla
Sharon Prentice

Holly Rake
Peter Raybourn
Cindy Reeves
Rolando Reyes
Lachandra Richardson
Erica Ries
Sean Robertson
Sarah Rogers
Elizabeth Rose
Julio Salazar
Latiffany Sauls
William Schneider
Shannon Small
Chris St Jean
C. Stephenson-lake
Erin Stutts
Paul Summa
Kim Teter
Pablo Teven
Kevyn Trammell
Kim Tran
Arkadiy Verbovikov
Sarah Vida
Breanna Waldrup
Ed Wale
Fred Ward
Christine Webb
Donna Whisonant
Betty White
Betesu Williams
Stephen Wolff
Diana Wright





OUR MISSION



MILES FOR A MILLION

For the last several years, Running Alliance Sport has been involved in a campaign to raise a million dollars for charity. We called it our Miles for a Million Campaign, and every runner in our races has contributed, as well as so many others. In 2022 we did it! RAS runners, contributors, sponsors and friends have raised ONE MILLION DOLLARS for our charity beneficiaries! In 2023, we are renewing the campaign. Please help us raise the next \$1 million!

About Us

Calling the greater Houston area home, Running Alliance Sport (RAS) is a not-for-profit event production company that has a passion for producing quality running events which in turn support local communities and its charities. RAS successfully works with city governments in Seabrook, Nassau Bay, Kemah, La Porte, Baytown, Galveston and Tiki Island to produce eight races annually from March to November that engages nearly 500 volunteers, sends over 10,000 runners and walkers across finish lines and has donated over \$1 million to local charities since its inception in 2011. For more information, please visit runningalliancesport.com.

Net proceeds from the Seabrook Lucky Trails go to The Bridge Over Troubled Waters, better known as "The Bridge". "The mission of The Bridge is to offer support, provide safety, and prevent domestic and sexual violence." To learn more about The Bridge and how you can help, visit their website at tbotw.org.



new balance

Independent since 1906, we empower people through sport and craftsmanship to create positive change in communities around the world





THE bridge

Volunteering

To learn more about volunteering,
please contact
Jessica Pineda, Volunteer Manager, at
jpineda@tbotw.org.

Visit our website: www.tbotw.org

For more information, please contact Becky
Kyles, Development Director, at rkyles@tbotw.org.
713-472-0753 (O); or 870-648-5913 (C).

Amazon Wish List



About Us



The Bridge Over Troubled Waters' mission is to offer support, provide safety and prevent domestic and sexual violence. Adults and children in crisis situations need specialized care and a stable environment to thrive. They need advocates: people who will assess their needs and ensure they receive the services necessary to move on to healthy, successful futures. The Bridge focuses on specialized programs that not only help children and adults heal from the effects of abuse, but also those that address the complex dynamics that allow family violence to perpetuate in order to help break the cycle of domestic violence.

The Bridge helps victims find hope where there once was none. Join us as we help women, children, and men in our community break the cycle of violence. United as a community, we help people in their suffering and continue our mission to offer support, provide safety, and prevent domestic and sexual violence.



Visit the City of Seabrook

Situated on 11 miles of waterfront, the Clear Lake area is the third-largest boating center in the U.S. with 1,250 boat slips in Seabrook. Much like our community, the retail experience of Seabrook is unique, eclectic and always friendly! The seafood is fresh and the nightlife is worth staying up for with boats converted into bars and outdoor patios that are pet-friendly. From upscale to casual, there is something for everyone.

Seabrook is famous for its position on the Great Texas Coastal Birding Trail and is home to 300 bird species. The city has over 13 miles of nature trails for hiking and biking. In 2001, a public art project called Pelican Path began populating the streets of Seabrook promoting the city's identity as a migratory bird path and a bird sanctuary to both the brown and white pelicans. Pelican Path is now home to 43+ larger-than-life artistically decorated six to eight foot pelicans.





THANK YOU

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